



Overview of Practice Limitations and Exclusions

Small, independent practices such as mine are ideally suited for providing non-emergent, personalized care in a one-on-one setting. I provide individual psychotherapy to those 18 and over. I do not provide ongoing couples, marriage, or family counseling services. Some mental health conditions are best managed by a multi-disciplinary team that can provide comprehensive treatment and interventions in a more intensive setting, or by clinicians that specialize in those particular fields.

If you believe at the outset of therapy that you need therapeutic services that could require involvement in litigation, including child custody cases, I ask that you seek services from another therapist who has experience in matters of forensics or legal proceedings, as applicable to your particular needs.

In addition to the above, in order to offer the best possible care to my clients, it is the policy of my practice that I do not routinely treat the following conditions, situations, or provide the following services. This list is not comprehensive, and other limitations or exclusions may apply.

- Emergency psychiatric care or intensive/ongoing crisis management services
- Disorders involving chronic self-harm or recurrent suicidal urges
- Borderline or other Personality Disorders
- Psychotic Disorders, acute or chronic
- Bipolar I Disorder
- Drug or alcohol overuse or abuse
- Attachment Disorder
- Conduct Disorder
- Eating Disorders
- Attention Deficit Disorder, where it occurs as the primary diagnosis
- Autism Spectrum Disorders
- Dementia or other Cognitive Disorders
- Anger management
- Cases involving current, recent, or anticipated CPS involvement
- Court ordered psychiatric treatment
- Perpetration of assault (physical or sexual), or services for those otherwise involved with the criminal justice system
- Testing, evaluations, or reports, including but not limited to: parenting or custody evaluations; school readiness evaluations; disability determinations; personal injury claims; return to work evaluations

Client name (please print)

Client signature

Date